# Walter Reed Bethesda Department of Pediatrics

## WALTER REED NATIONAL MILITARY MEDICAL CENTER

Exceptional Family Member Program 8901 Wisconsin Avenue 4<sup>th</sup> floor, America Building Bethesda, Maryland 20889

# **Criteria for Enrollment in EFMP**

### **Medical Enrollment:**

- 1. Chronic Medical Conditions requiring follow-up support more than once a year or specialty care (if care beyond the level of family practice is needed, then the patient should be enrolled).
- 2. Mental Health Conditions which meet any of the below conditions:
  - -Current and chronic (greater than 6 months) mental health conditions
  - -A history or inpatient or intensive outpatient mental health services within the last 5 years
  - -Mental health conditions which require intensive (greater than one visit monthly for the last 6 months). This includes medical care from any provider (including primary care).
- 3. Asthma which meets any of the below conditions:
  - -Scheduled use of inhaled and anti-inflammatory agents and/or bronchodilators
  - -History of emergency room use or clinic visits for acute asthma exacerbations within the last year
  - -History of hospitalization for asthma within the past 5 years
- 4. A diagnosis of ADHD which meets any of the below conditions:
  - -A co-morbid psychological diagnosis
  - -Requires multiple medications, psycho-pharmaceuticals (other than stimulants) or does not respond to normal doses of medication
  - -Requires management and treatment by a mental health provider (psychiatrist, psychologist or other)
  - -Requires Individualized Educational Plan or use of behavioral management staff
  - \*ADD/ADHD which can be managed solely by a Primary Care Provider with no assistance does NOT need to be enrolled
- 5. Requires adaptive equipment or assistive technology (wheelchair, hearing aids, home oxygen therapy, communication devices, etc)
- 6. Requires environmental or architectural considerations (limited steps, wheelchair accessibility, air conditioning)
- 7. Special conditions:
  - -All cancer patients must be enrolled for at least 5 years after remission
  - -All patients with autism or autism spectrum disorders must be enrolled

#### **Educational Enrollment:**

This is required if a family member has, or requires, an Individualized Family Service Plan (IFSP), Individual Educational Plan (IEP), or is receiving Early Intervention (EI) services (for children under 3 years of age).

Please contact Ms. Adenike Coore (<a href="mailto:adenike.s.coore.civ@mail.mil">adenike.s.coore.civ@mail.mil</a>) at 301-400-1688, or Ms. Anne Francis (<a href="mailto:annie.l.francis.civ@mail.mil">annie.l.francis.civ@mail.mil</a>) at 301-295-4092 if you have further questions. The EFMP office is happy to review cases on an individual basis to determine if EFMP enrollment is needed.